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EDITORIAL

The first Rabbiter was published in August 1992 to mark the opening of the Hatch Warren Community Centre and to publicise the Grand Opening Event and Ceilidh which were held on 5 September. There was bunting, food, games in the afternoon and I remember dancing the night away to a wonderful folk band in the evening. On 9 July there is going to be a grand Summer Festival on the Hatch Warren Playing Fields with lots of exciting events including the arrival of a Chinook helicopter! It is going to be a wonderful day so please make sure you have the date in your diary.

Another important local event is the Hatch Warren Community Association AGM which will be held on 8 June at 7.30pm. The Centre staff and Committee work hard to provide activities for all residents and this is an opportunity for Community Centre members to review the last year and discuss the plans for the future. Would you like new activities to be offered? Come along and let the Committee know what you think. And if you are not a member of the Community Association you can join on the night – the cost is £10 per household for the year.

There continues to be concern regarding the traffic through the estate associated with the Anaerobic Digester. A meeting was planned for 18 May at Hampshire County Council but this was cancelled at the last minute. For more information on the issues see the letter from Sam Weller on page 5 and there is further information on our website.

Voting for the Sainsbury's Charity Partner for 2016/17 begins on 13 June. You can vote on line or in store – see page 6 for details.

Voting in the EU referendum takes place on 23 June. The local elections held this year (see results on page 29) saw one of the lowest turnouts of voters in the Basingstoke and Deane Borough Council area. The outcome of the referendum will affect everyone so please put the date on your calendar – although I suspect the media will make sure that we do not forget the date!

Do you play a musical instrument? You don't have to have passed lots of exams to join the new Music Group being set up locally – see page 5 for how to get involved.

The Rabbiter has received a number of requests for volunteer helpers — listening to children reading is running at the Discovery Centre and South Ham Library — see details in this edition of the Rabbiter. We are pleased to welcome a report from the Beavers, Cubs and Scouts this month and hope this will become a regular contribution. However to enable more young people to join these groups, adult leaders are needed. Want to help? See article on page 13.

Our facebook page welcomed many new followers this month. If you have an event or wish to share information about our area please do follow us and post your news.

The Rabbiter website has a lot more information about what's on locally – have you visited the site recently?

The sun is shining outside the Rabbiter office and summer is definitely on its way. Your editor is now off to do a little gardening while the good weather lasts – a big thank you to Sarah Bailes who writes such an inspiring article on gardening for us each month.

Jenny, Editor



Keep an eye out for the web symbol — you can find out more on selected articles at www.therabbiter.biz



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HATCH WARREN NATURE GROUP

With the coming of Spring we saw some of the results of our efforts. Primroses grown from local wild seed planted last Autumn flowered along the edges of verges and wooded areas around Woodbury Road and St Mark's Primary School. Then came Cowslips, mostly in St Mark's Meadow sown as seed 3 years ago. People driving across the M3 to Farleigh Wallop, (newly named Garlic Lane), may have noticed Cowslips growing on the grassy banks on the east and west side and a few on the bank round the corner above Old Beggarwood Lane. These early wildflowers provide food, nectar and pollen for insects and later seed for birds and small mammals.



Meadow Saxifrage Woodbury Road

More recently a few Meadow Saxifrage have flowered including beside Woodbury Road. In Woodbury Ride several Cuckoo Flowers also known as Ladies Smock made their first appearance. The origin of the name 'Cuckoo Flower' came about because this plant flowers when the call of the Cuckoo is heard again on its return from winter migration.

Sadly the day after the

Cuckoo Flowers had appeared all but one disappeared. Perhaps picked by someone, who enjoyed seeing the flowers but perhaps did not appreciate how important wildflowers, shrubs and trees are to our wildlife. The



Egg of an Orange Tip Butterfly on Cuckoo Flower

Orange Tip butterfly lays its eggs mostly on Cuckoo Flowers so that



Cuckoo Flower Woodbury Ride

when the caterpillar hatches the correct food (the leaves) are available at the right time for it to feed on. If there are no Cuckoo Flowers then the Orange Tip may not lay many eggs and there will be less butterflies. We want

wildflowers to produce seed as well so that the numbers increase over time meaning more food for wildlife. That cannot happen if the only few we have are picked.

On a lighter note, it has been lovely to see so many solitary bees making their home in St Mark's Meadow. The bees excavate a nest creating a small mound of soil debris. If they find a good supply of food they will come and stay, it really is that simple.



Solitary bee nest St Mark's Meadow



Strimming • Hedge-cutting • Stump grinding • Fencing • Pruning • Patio's • Turfing ... and more





Old Down

After many months of pressure from the Group, Basingstoke Council has at last installed some very smart wooden seats and benches on Old Down. Also, there are now very smart information boards in situ at the various entrances and a notice board by Old Down Hall.

The glow of yellow cowslips across Old Down meadow has been an absolutely glorious sight. I think that this year is the best display we have seen. The display of cowslips is all down to the work carried out by the work parties a few years back when seeds were first sown and spread and nurtured. Please remember that the wild flowers on the meadow can be easily trampled so please use the paths as much as you can so that the flowers will keep strong and healthy giving displays for us all to enjoy for longer. Wild flowers are so important for the many species of insects and butterflies on Old Down. The *Green Veined White*, *Brimstone* and *Holly Blue* are some of the butterfly species that appeared in early May. A walk across the paths on Old Down on a warm sunny evening in spring is good a time to spot many birds and a few weeks ago there must have been up to 20 Linnets in the meadow flitting about catching flies.

Beggarwood

There is still no word from Basingstoke Council on whether or not Beggarwood (or part) will be given LNR status but if it is the affirmative, then there should be more





'nature' in the way of, for example, wild flowers and butterflies. Wildflowers are not plentiful on Beggarwood (and thus butterfly species are low) but some are appearing – *Germander Speedwell and Lesser Trefoil*. Cowslips could easily thrive there and this could be a future job for the work parties: gather seeds from Old Down and introduce them to the more secluded areas of Beggarwood. There are plenty of May trees on Beggarwood and at the time of writing the blossom is at its best and the fragrance is wonderful.

Work Parties: Please come and join us — we welcome all newcomers and more hands make for light work. For work on Beggarwood, we meet monthly on the third Saturday of the month 10-12 noon and for Old Down, we meet at Old Down Hall every Thursday 10-12 noon. Check the website for further information. www.olddownandbeggarwood.org.uk odandbwd@gmail.com



ANAEROBIC DIGESTER

Update on Tamar's application for a 73% increase in HGVs using Woodbury Road to access the Anaerobic Digester, and a request for parents of children at St Mark's School and other residents

In January Tamar, the digester operators, applied to increase the permitted number of HGV movements along Woodbury Road from 6,000 to almost 11,000 per annum. They are supposed to avoid Woodbury Road before 7am and after 6pm, to protect the amenity of the residents, and to avoid the morning and afternoon school runs, to protect children on their way to and from school.

One of the reasons they need to increase the number of lorry movements is that they're shipping huge amounts of toxic waste offsite, waste that was all supposed to be used as fertiliser on Portsmouth Estate, but is now all being sent in tankers along our roads in Hatch Warren and Beggarwood. The "local" food waste that fuels the digester is coming in from all over the southern half of the country, the lorry journeys necessary for this and shipping out the fertiliser completely negating the green intentions of recycling food waste.

92 people objected to the application, many on the grounds that the operators had not observed the terms of the existing planning permission, regularly using Woodbury Road outside permitted hours, and regularly using other routes, and pointing out the dangers of a 73% increase in already substantial numbers. The application was eventually listed to be heard by the County Council's Regulatory Committee at 10am on Wednesday, I 8th May. Several local residents, our Borough Councillor Terri Reid and

County Councillors, the South West Action Group and Dummer Parish Council worked together to ensure that a presentation was put together (you have a very limited amount of time to put your case at these hearings) that dealt properly with all the objections to the proposal. We had already, with the help of County Councillor Stephen Reid, had the officers' recommendations to the Committee amended to correct a misleading and inaccurate claim about the proposed numbers of lorries.

With less than 48 hours' notice the Council officers 'deferred' the hearing, for 'resubmission at a future meeting', to "allow for a detailed review of current activities....to review the proposed conditions to see if they require amending.....to correct information in relation to vehicle movements".

This is where I would like to appeal to parents, in particular, but to residents generally; if you're taking your child to or from school, and notice any HGVs anywhere on Hatch Warren or Beggarwood's roads between 8 and 9am or 3 and 4pm, or if you notice HGVs on any of the estate roads before 7am or after 6pm on weekdays (after I pm on Saturdays) please make a note of the date, time, road, direction, company name, and numberplate if possible — a photo would be great - (or as much of that as you can) and let me have the information so we can get a better picture of infringements of the current rules.

20% of all fatalities in road accidents on roads such as our estate roads are caused by HGVs – let's help make sure the risk of the next fatality happening here isn't increased by 73%.

Send any information (or questions, if you have them) to Sam Weller; samthetax@yahoo.co.uk

We need a few more helpers to distribute the Rabbiter. This takes about half an hour a month. Sadly we can't offer any financial reward save the satisfaction of helping our community. The following are the rounds which now need deliverers:

- I. Breadels Field & Breadels Court
- 2. Britannia Drive & Canberra Way
- Wentworth Crescent, Turnberry Drive, Gleneagles Close and Belfry Square
- 4. Monarch Close
- 5. Blunt Road and Terry Close



HATCH WARREN W.I.

We met for our AGM on Thursday 5th

May at a member's house, where we were made very welcome with tea, coffee and home made cakes. Marianne our president welcomed all members and a visitor to our meeting. This years resolutions were voted on and the results will now go to the AGM which this year will be held in June at Brighton. Reports were given by the secretary and president and the committee was then voted for. Marianne our president retired this year and we voted in our new president Jane and wished her a very happy three year office. This month we look forward to taking part in the first round of the Hampshire Ouiz and wish our team well. Plans are well in place for our birthday party next month when we will invite other W.I.s in our group to come along and join us in the fun. We are having a 'lammin' and Jerusalem' evening with a live traditional jazz band. If you are interested in coming along to see if you would like to join our W.I. please give Jane our president a ring on 01256 810225. We meet at Hatch Warren Community Centre on the first

LETS MAKE MUSIC TOGETHER!

meeting will be on 2nd June.

Thursday of the month at 8.p.m. our next

Are there any brass and woodwind players or other musical instrument players who want to play music together?

Trumpet, trombone, saxophone, clarinet or accordion players perhaps; who are not already involved in group playing, but would be interested in doing so.

They need not be grade 8 musicians, improver's would be welcome,

Just enthusiasm and a sense of humour and wish to play some interesting and finitures

I'm basically a jazz player myself and have studied at a conservatoire, so I don't play trad-jazz,but enjoy a mix of styles from Gershwin to Grunge.

Unfortunately guitar players are not really suitable at the moment but a Double Bass player might be.

Any one interested can contact me at The Music Farm across the M3 or by 'phoning 01256 471807

Sainsbury's

Our Values make us Different

'Got, Got, Need...'

We'll be hosting Swap Shop Sundays throughout the tournament in our café. If you're looking to complete your collection pop along and join the fun. We'll be giving away packs of stickers as well as providing you with the chance to get that all important final sticker.

Every Sunday starting June 5th, between 1.30pm & 3.00pm until the tournament finishes on July 10th.

We'll also be hosting some fab competitions throughout the tournament so be sure to check out our displays at the front of the store.

Bakery Legend Retires

Many customers will have been served by Patricia Smith from our Bakery team during her 28-year career with Sainsbury's.

Pat enjoyed a great send off from colleagues at the store as she starts a well-deserved retirement.

The Pink Place

As our charity partnership with The Pink Place nears an end, it's worth noting an important couple of dates for your diary.

'A Royal Summer Picnic' is being held on Saturday 11th June at Manydown Farm from 2pm.

Amongst many attractions will be Face Painting, Royal Fancy Dress for children, The Pimms Tent, a fully stocked bar & a Tug of War competition.

Tickets are on sale now via the website – www.thepinkplace.org.uk as well as at the pre event day in The Malls on May 28th where you can also buy your raffle tickets with £250 as the top prize.

New Charity Partner for 2016 - 17

The search for our new charity partner will begin on June 13th. Voting in the store and via a dedicated website will last until June 26th.

Colleagues at the store have nominated three charities for the public vote:

- The Pink Place
- The Right Life Foundation
- Hampshire Young Carers Alliance

Local Hero Scheme

You may be interested to know that this scheme continues to deliver exciting results for your community. Over 50 colleagues at the store volunteer in their spare time across the Borough, resulting in over £10,000 being paid to community groups and charities.

Many colleagues chose to volunteer without telling us at the store and therefore miss out on claiming up to $\pounds 200$ every financial year.

These funds are paid direct to the community group or charity they volunteer for. So, ask around at your next committee meeting, newsletter, facebook page etc if anyone associated with your group works at Sainsbury's.

Contact the store via the usual

email address and we'll get the funds sorted or you.

Who doesn't love Crazy Golf?

We're excited to be helping at the Hatch Warren Summer Picnic by sponsoring the Crazy GolfTournament. Colleagues at the store are fundraising during the weekend of July

8th-10th by seeking sponsorship of 10p per hole played and, you too, are invited to join in the fun.

Colleagues are raising money for Hatch Warren Community Centre & The Pink Place, hoping to raise £10,000. Sponsorship forms can be collected at the store.

Van Spotting Guide

Kempshott Schools will soon join with Hatch Warren Infants in 'Naming' one of the new fleet of vans at the store.

To complement this activity, we'll be producing 'Van Spotting Guides' for the children to use when they see one of our vans in the area.

Top Tip – If you want the best vantage point to see our vans, head over to the Café and watch for them as they exit the store!

Contacting the store for Community Activities - prl.kempshott@sainsburys.co.uk

BASINGSTOKE CIVIL SERVICE RETIREMENT FELLOWSHIP

56 members attended the meeting on 4th May and were welcomed by John Lambeth, the Chairman. Christine Broadbent gave her welfare report after

which Tony Brazier, the Secretary, gave details of the forthcoming trips planned to Blenheim Palace and Gardens, which will also include



Blenheim Palace

entry to the Flower Show, on Friday 17th June and Lymington and Barton-on-Sea on Wednesday 13th July.

The subject of this month's presentation was Citizens Advice and was given by Jane Komrower and Di Lewis. They started off by showing a video which outlined the work of the organisation (formerly known as the Citizens Advice Bureau) and also showed the different people who volunteered and the reasons they did so. They explained that it all began on the day after World War 2 started in 1939 as it was realised that the women left at home when the men had left would need help in running the household. Free confidential advice was given on a range of issues that affected people's lives and today that is still the objective with, last year, over 2.5 million people being helped on over 6.2 million issues. The national network has over 21,600 volunteers who give 7 million hours of their time in advising people over a whole range of topics. The Basingstoke branch has 2 full-time and 15 part-time staff assisted by 100 volunteers where clients are not counselled but given the information available for them to deal with the matter that concerns them. The talk ended with a question and answer session on topics of interest to the members.

The next meeting on 1st June will be an open meeting at which refreshments will be provided and with Ken Wiseman presenting songs from the 50s, 60s and 70s.

The group meets on the first Wednesday of each month at Brookvale Village Hall from 10 am to 12 noon and all retired Civil Servants and their partners are welcome. Further details about meetings can be obtained from the Secretary Tony Brazier on 01256 418770 or at bjmapbr@ntlworld.com and if you would like to join us on any of our trips please contact Kate Lambeth on 01256 328791

David Cowling





Despite what you may read about the problems of Home Care in the press, there are companies who pride themselves on offering a reliable quality service but who also give back to the local community. St. Michael's Home Care is owned, managed and governed by well-regarded local charity St. Michael's Hospice. Its aim: to improve home care in North Hampshire and act as an additional source of income generation for the Hospice's charitable service.

I should at this point emphasise the service delivered by St. Michael's Home Care is open to all and not restricted to those suffering from life-limiting conditions. Home Care services available are varied and tailored to suit individual's needs; this allows the delivery of a flexible service designed exclusively for our clients facilitating the highest quality of life attainable.

Our care is delivered in the comfort and security of your home by a small and dedicated team of highly skilled carers who will support you with everyday tasks from cooking, to cleaning, chatting to companionship. St. Michael's Home Care can support you to maintain your independence, help you get back on your feet after an operation or even provide live-in care.

Whatever support you need I would be delighted to offer you advice and discuss all the potential options with you. We are here to help you, and I very much look forward to hearing from you soon. Please call us on 0345 4504015, email info@stmichaelshomecare. co.uk or to read more visit our website: stmichaelshomecare.co.uk. Chris Griffiths - chris.griffiths@stmichaelshospice.org.uk

MALSHANGER SQUASH CLUB

It is likely that few people know of the existence of a squash club using a single court, tucked away on the picturesque Malshanger Estate between Oakley and Hannington. If you are looking for a quiet, secluded, friendly place to start playing squash or wish to pick the game up again, Malshanger Squash Club is ideal and is probably the cheapest way to play squash in the area. Annual subscriptions are due at the end of May, so now is the perfect time to join and get the benefit of a full year's membership. The club is run by volunteers and is a registered charity. Since it is not a commercial business it is run entirely for the benefit of its members and the cost of playing is kept to an absolute minimum. Current subscriptions range from only £45pa for a single membership to £80pa for family membership. The court lights are operated by a coin in the slot meter which costs £3.50 for 50mins of play.

If you are interested in becoming a member, please contact Clive Evans the club chairman on 01256 782242 (e mail c.evans490@ btinternet.com) who would be happy to give you more information, show you around the club, send you application forms or even have a 'knock around' with you prior to making a decision on joining. Barbara Evans, Secretary, Malshanger Squash Club.



THE READING AGENCY AND LIBRARIES PRESENT

www.southernsoulclub.com



SUMMER READING CHALLENGE VOLUNTEERS WANTED AT SOUTH HAM LIBRARY

Are you 14+? Are you good with children? Do you have basic IT skills? Would you like to help us run our Summer Reading Challenge? It's a fun and easy way to get involved with your local community.

Could you spare at least 2 hours a week this summer from 16th July – 17th September? Why not volunteer to hear children talk about the books they have read to complete the challenge.

To find out more pop in to South Ham Library, Paddock Road, South Ham or email clnosoh@hants.gov.uk or call 01256 336047

THEODORA – ORATORIO BY HANDEL

BCS looks forward to welcoming you to Theodora. First performed in 1750, this oratorio was Handel's penultimate work, and his personal favourite. It is acknowledged to contain some of the composer's finest music; a rich and emotional work of matchless beauty from the pen of a mature composer:

We are delighted to be joined on this occasion by the Hanover Band, which comprises some of the best period instrument specialists in the UK.

2nd July at The Anvil 7.45pm Tickets 01256 844244 or online www.anvilarts.org.uk





Legal Eye B

CORPORATE ATTIRE: YOUR ACHILLES HEEL?

Recently a receptionist was sent home from work for apparently refusing to wear high heels, as she was required to do in the employer's guidelines.

So how should you deal with dress issues in your workplace? The image of the business is a key consideration – but often an employer will introduce a dress code for health and safety reasons, for example health care workers may not be allowed to wear jewellery for safety reasons when around patients, workers may be required to tie their hair back or cover it for hygiene reasons if working in a kitchen, and certain clothing may not be allowed in factories while operating machinery.

In short:

- Employers must avoid unlawful discrimination in any dress code policy.
- Employers may have health and safety reasons for having certain standards.
- Dress codes must apply to both men and women equally, although they may have different requirements.
- Reasonable adjustments must be made for disabled people when dress codes are in place.

It is good practice when drafting or updating a dress code for an employer to consider the reasoning behind it. Consulting with employees over any proposed dress code is good practice, and once agreed it should be communicated to all employees. When setting out a policy employers should take into account employees who may dress in a certain way for religious reasons.

If you would like to review your corporate dress code please contact Elizabeth Whitehead, solicitor and head of the employment team at Lamb Brooks LLP on 01256 305508 or email her at elizabeth.whitehead@lambbrooks.com.



Expert Legal Advice in every issue of the Rabbiter

IT'S A SCAM

Fraudsters want your PIN and bank card



Courier fraud is when criminals posing as police officers or your bank phone you and tell you your bank card has been fraudulently used. They then ask for your PIN number over the phone before sending a courier, often a taxi, to collect your bank card from your home.

- Your bank will never attend your home
- Your bank and the police will never collect your bank card
- Your bank and the police will never ask for your PIN

If you receive a call like this, hang up and leave your phone for at least five minutes in order to clear the caller from the line. Ensure you hear the dialling tone on your phone and then call police on **101** to report the incident.

If you've been a victim of this crime call the police on 101 In an emergency always call 999

For more information visit www.hampshire.police.uk





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PARKING MAD

The Parking of cars in and around the housing estates of Basingstoke is causing great concern and unpleasant, stressful situations for residents. When some estates were built most families had just one car; later off road parking was introduced. Some residents appear this means 'Park on the pavement'. The lack of parking space, unused garages and number of cars per household has become in all cases a serious issue.

Those lucky enough to own a garage seldom use it to house a car. Any amount of household goods are now filling the garage. Some end of terrace homes have two parking bays, mid terrace have one bay in which to park their car. The problem begins when both parents and their 'live at home' children own cars. Residents become frustrated when bays meant for visitor become blocked by cars owned by these families. Some residents and their visitors will see a vacant parking bay, which they know is owned by others, and park with no regard for anyone but themselves. This leaves the true owner annoyed and frustrated when they find these parking bays are being abused.

Parking on the pavement either blocks access to pedestrians or other motorists. Parents with pushchairs, toddlers and older pedestrians have no alternative but to walk along busy roads, most of you will not give a care anyway however some just might now have a very guilty conscience.

Yours faithfully,

A.Nonymous

| WHA | T'S | ON | – J I | JN | E |
|-----|-----|----|--------------|----|---|
|-----|-----|----|--------------|----|---|

Do you have an event locally that you would like to tell people about. The Rabbiter reaches over 4000 homes locally so is the perfect way to publicise your event. Just email details to newsdesk@therabbiter.biz or rabbitereditor@aol.com Copy date is the 15th of the month preceding publication.

| 2 June | Hatch Warren W.I. |
|------------|--|
| 3 June | Launch of Basingstoke Festival programme, Top of Town, 12.30 |
| 7 June | Ramadan begins |
| 7 June | Film Night at Immanuel Church, St Mark's School. 7.30pm |
| 8 June | Community Centre AGM, 7.30pm |
| 9 June | Laughter House at Red Lion featuring Adam Bloom – www.laughter-housevpweb.co.uk |
| II June | Pink Place Summer Picnic, Manydown Farm |
| II June | Queen's 90th Birthday Party at Farleigh Club |
| 17/18 June | The Cliddesden Players at Cliddesden Village Hall |
| 18 June | Basingstoke Symphony Orchestra, The Anvil |
| 18 June | Wrestling – Hatch Warren Community Centre |
| 19 June | Fathers Day |
| 20 June | Summer Solstice |
| 23 June | EU Referendum voting |
| 30 June | Open Session – Candover Valley Pre-School, I-2.30 (see page 17) |
| | |

| September | Halch vvarren vv.i. |
|----------------|--|
| 8 September | Laughter House at Red Lion featuring Ben Norris – www.laughter-housevpweb.co.uk |
| 10 September | Hatch Warren Beer Festival |
| Late September | Soup Lunch at Community Centre in aid of After School Club |
| 25 September | Hatch Warren Runners 10kTrail Race in Farleigh Wallop |
| 6 October | Trip to see Aladdin the Musical – organised by the Community Centre |
| 6 October | Hatch Warren W.I. |
| 13 October | Laughter House at Red Lion – www.laughter-housevpweb.co.uk |
| 30 October | Clocks go back I hour |
| 3 November | Hatch Warren W.I. |
| 10 November | Laughter House at Red Lion featuring Johnny Awsum – www.laughter-housevpweb.co.uk |
| 13 November | Rememberence Sunday |
| 23 November | Trip to Dirty Dancing on Tour, Reading – organised by Community Centre |
| 30 November | St Andrew's Day |
| I December | Laughter House at Red Lion – www.laughter-housevpweb.co.uk |
| 8 December | Hatch Warren W.I. |
| 21 December | Winter Solstice |

Hatch Warren W.I.

I September

Future Events

| I July | Open Session – Candover Valley Pres-School 9.30am – I I am |
|-----------|---|
| 2 July | Theodora – Oratoria by Handel. The Anvil, 7.45pm |
| 7 July | Hatch Warren W.I. |
| 9 July | Crazy Golf Competition, Community Centre, sponsored by Sainsbury's |
| 9 July | Summer Festival – Hatch Warren Community Centre. I 2-3pm |
| 14 July | Film Night at Immanuel Church, St Mark's School. 7.30pm |
| 14 July | Laughter House at Red Lion featuring Mike Gunn – www.laughter-housevpweb.co.uk |
| 15 July | Summer Ball, Oakley Hall – see page 31 |
| 20 July | Blood Donning at Community Centre – see page 5 |
| 31 July | Aladdin – Theatre Coach Trip – see Community Centre page |
| 29 August | Summer Bank Holiday |

REGULAR EVENTS

Hatch Warren W.I., 1st Thursday each month 8.00pm Community Centre (contact Marianne Tilley 01256 325198)

Basingstoke Knit and Natter,

Every Monday 6.30 – 9pm, Waitrose Café

The Warren Youth Club, Friday evenings at the Warren attached to the Community Centre

Aldworth Badminton Club,

Thursday evenings 8.30 – 10 Aldworth Science College

Cliddesden W.I., Cliddesen Village Hall, 7.30pm, third Thursday every month (contact Pat Rampton 01256 461034)

Old Down & Beggarwood Wildlife Group,

www.olddownandbeggarwood.org.uk email: odandbwd@gmail.com

Hatch Warren Nature Group,

contact Paul Beevers, hatch.nature@gmail.com

Cliddesden, Ellisfield and Farleigh Wallop Horticultural Society, contact Mrs M Smith (01256 462584) for details)

Laughter House, laughter-housevpweb.co.uk

Hatch Warren Runners, meet Monday and Wednesday at 7.15, Portsmouth Arms and at the Co-op Beggarwood. www.hwrunners.co.uk



MENTAL HEALTH MATTERS

We all have mental health, like we all have physical health. Both change throughout our lives. And, like our bodies, our minds can become unwell.

Mental health problems might actually be more common than you think. At any time one in four people in this country will be experiencing common mental health problems, meaning you or someone you know is likely to be feeling some form of distress right now.

Where can I go for help?

North Hampshire Clinical Commissioning Group funds 'italk' a psychological therapies service specifically for people with common mental health problems including depression and anxiety. The service is open to anyone aged 16 and over who is registered with a GP in the locality of Basingstoke

italk currently accepts referrals directly from you (self-referrals) or via your GP.

The service treats the following;

Depression • Generalised Disorder (GAD) • Stress • Health Anxiety

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Obsessive Disorder (OCD) • Post-Traumatic Stress Disorder (PTSD) • Panic Disorder • Social Anxiety • Agoraphobia • Specific Phobias • Insomnia

Compulsive



login via your mobile, tablet or PC. Visit www.italk.org and select treatment options and choose 'online support'.

To contact the service; call on: 02380383920 or email on:

info@italk.org.uk

About the service

The service offers a wide range of treatment options including educational workshops and groups which teach people how to manage stress, anxiety, insomnia and depression. There are also a number of one to one options available including Guided Self Help, Interpersonal Therapy, Cognitive Behaviour Therapy, Dynamic Interpersonal Therapy and Couples Therapy for Depression.

Launch of new Online Support from **Silvercloud**

The italk service has recently launched a brand new online support programme from SilverCloud; perfect for anyone suffering from mild to moderate depression or anxiety, who has a busy lifestyle or prefers to work online rather than chat.

Accessing it couldn't be easier as you can

PRETTY IN PINK!

The Pink Place, Basingstoke's cancer charity, joined forces with Shaun Udal, ex England and Hampshire cricket legend and local man, to raise funds at their Charity Ball at The Hampshire Court Hotel.

Guests enjoyed a fantastic night out being entertained by a jazz band, Robbie Williams tribute act and a disco and there is no doubt that great fun was had in the photo booth! A record breaking £15,000 was raised through a variety of different activities and bidding was fiercely competitive in the auction with completely unique experiences on offer to tempt everyone.

To find out more about The Pink Place, follow the team on Facebook or Twitter or look at their website for all the latest news.

www.thepinkplace.org.uk

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In the heart of the Candover Valley, the Pre-School:



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- ✓ enjoys lovely Countryside Walks, Nature Trails, Mud Kitchen, Farm Visits, Cookery, Multi Sports, Dance, French lessons
- has a full-time, highly qualified and experienced staff team
- works with local schools (state & independent) to ensure smooth transitions to "Big School"
- accepts Childcare Vouchers
- is 10 minutes from Hatch Warren and Beggarwood





CANDOVER VALLEY PRE-SCHOOL Alresford Road, Preston Candover, Basingstoke RG25 2EE 01256 389008 | cvpadmin@btconnect.com | www.candovervalleypreschool.co.uk





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SUNDOWNERS SOCIAL CLUB

A weekly club for the over 55s providing social activities such as Bingo, games, puzzles, arts and crafts and other themed activities, as well as the opportunity to meet others,

We also welcome those living with dementia and their carers.

Day and Time: Every Tuesday 10.00am to 3.30.pm. Cost: All day (includes lunch and transport) £25.00

Morning: 10.00am to 12.30pm £12.00, Afternoon: 1.00pm to 3.30pm £12.00 Lunch (if required): £6.00 if not staying all day

Transport to the morning session £4.00 (clients will need to be collected at the end of the morning session).

Transport home from the afternoon session £4.00 (client will need someone to bring them to the session).

Hill Rise Hall, Bach Close, Brighton Hill, Basingstoke, RG22 4NB Booking is required to assist with catering and transport numbers, so please call 01264 359223 and one of our friendly staff will take your details. You can also email Kim Francis at kimfrancis. rcs@gmail.com

OLDER PEOPLE SET TO BENEFIT FROM NEW COMMUNITY GRANT

A local care at home provider has decided to give away its first ever Community Grant – a sum of money that could benefit a local group in Basingstoke and Deane Borough or Hart District which works with older people.

Bluebird Care opened its office in the centre of Hook in April 2012 and ever since has been working hard to support other organisations in the community.



Phil Miles, Director, said: "As well as providing care & companionship services to people living in their own homes, Bluebird Care is passionate about supporting community projects and initiatives.

So many neighbourhoods thrive because of volunteers who work tirelessly to run community groups, host events and provide services that benefit others. Much of this work involves supporting older people who, without regular coffee mornings, day-trips or lunch clubs, would be left isolated at home."

The care provider is making available $\pounds 250$ to one community group or initiative that works with older people within the Basingstoke and Deane Borough, or Hart District. The group that can best demonstrate a need for additional support will be allocated the funds.

Bluebird Care Hook offers a realistic alternative to residential care by allowing people to stay in their own homes with care and support. Their work can involve one or more short visits a day in order to help with the everyday tasks of life. However, their service doesn't stop there because longer duration visits are also available, including overnight help and live-in care.

To request an application form, please email communitygranthook@bluebirdcare.co.uk or telephone Michael Auton on 07862 253514. Bluebird Care office in Acorn House, London Road, Hook RG27 9DY. www.bluebirdcare.co.uk/hook

THIS MONTH WITH THE SCOUTS

We are Hatch Warren Scout Group! We meet weekly at the Community Centre offering 6-15yr olds a huge range of activities and experiences.

Recently we have been very busy in each of our sections:



The Beavers (6-8yrs) have been learning about First Aid where they met the guys from Hampshire and Isle

of Wight Air Ambulance as well as learning some First Aid skills! They also had an amazing trip to the new Jump Factory where they got the chance to bounce around, jump in to the air bag and 'walk the wall' – they loved it!



The Cubs (8-10.5yrs) have been over to Beggarwood to build a bug hotel using plant pots, branches and other things

that bugs love – the Cubs will now be tending to this on a regular basis to build a new little bug ecosystem.



The Scouts (10.5-14.5yrs) have been learning about maps and GPS, using their new found skills to head out Geocaching.

By going on this adventure, the Scouts had a great opportunity to try their new

skills out in real life by searching for real hidden items. The Scouts have also decorated birthday cakes for the queen and been on an Incident Hike, where their Scouting skills were tested through a variety of checkpoints.

It was also a pleasure to invest our new Assistant Scout Leader, Martin, into the troop. Martin was a Scout in the past and is a very adventurous person, so we are lucky to have him in the team!

We are, however, looking for more leaders in order to offer this great Scouting experience to more young people in the area. Do you fancy a bit of an Adventure? Do you want to learn how to Geocache, Learn First Aid or help to build a bug hotel? Maybe even play on Trampolines... Contact me on gsl@hatchwarrenscouts. org.uk to have a chat.

Josh Hensman

Assistant Group Scout Leader

JUNE EVENTS AT THE BASINGSTOKE DISCOVERY CENTRE

To book a place, you can order online from https://www.hants.gov.uk/shop/home.php ,or visit Basingstoke Discovery Centre in Festival Place, or call 01256 478670. Advance booking is strongly recommended.

To find out more about Basingstoke Discovery Centre and Hampshire Libraries visit www.hants.gov.uk/bsdc

http://www3.hants.gov.uk/library/bsdc.htm https://twitter.com/BasingstokeDC https://www.facebook.com/BasingstokeDC



Please visit www.rabbiter.biz for the full list



HATCH WARREN SUMMER FESTIVAL

Put this in your diary; Saturday 9th July 12.00 – 3.00pm.

The biggest ever Summer Festival is coming to the Hatch Warren Community Centre and playing field with something for all age groups. It is being organised by Mrs Karen Coomber, whose day job is a Financial Services Regulatory Consultant, who lives in Hatch Warren. She joined the Community Centre as a trustee a couple of years ago and has spent the spring months this year putting together a wide ranging selection of attractions and activities.

"I helped at this event last year and listened to what attendees had to say and built on that experience to really find things that will interest everybody from infants through to senior citizens."



Karen outlined her plans. "From messy play and a large bouncy castle, a climbing wall which has been kindly provided by Hatch Warren Scout Group which is so big it requires a crane to lift it into its position, to many craft tables interspersed with various refreshments, hot food, ice cream and licensed bar together with many physical activities for the younger





people. There will be demonstrations of Clubbercise, Bounce DanceFit and Perform (drama and acting) for spectators to join in and experience these popular activities that take place at the Community Centre. The recently formed adult pop choir will also perform. I am thrilled that we should have some special displays of a Dragster car, a Fire Engine and a Chinook helicopter from RAF Odiham."

Clearly enthusiastic about everything on offer she reminds readers that there is no charge for entry to the event or for most of the activities and displays although of course any refreshments, drinks and food, will have to be paid for:

The July edition of the Rabbiter hopes to carry a more detailed listing of all the attractions. Karen is hoping that the weather is kind on the day because so many people have been involved in the planning and preparation. However should the weather turn inclement the Community Centre will be fully utilised as some of the attractions will move indoors. She just wants to ensure that every one will have a really enjoyable afternoon.

If anyone wants to get involved as a volunteer for the event, then please contact Karen via the Community Centre. Better still come to the AGM of the Community Centre on 8th June and meet the organisers in person.

VOLUNTEERS WANTED PLEASE

Do you have some spare time in the summer? Would you like to listen to children telling you about the exciting books they have read as part of the Summer Reading Challenge? If so, and you would like to help, please visit Basingstoke Discovery Centre and ask the staff for further details.

KEMPSHOTT CONSERVATION GROUP

Down Grange Meadow

A Stonechat was seen in Down Grange Meadow on 12th March, our first record for the site. As it winters along the coast, it was probably on internal migration. In spring, some move inland to breed on sandy heaths with plenty of scrub. It would not be looking to nest in the Meadow as we don't have the right habitat, but it could have been moving on to Silchester Common.

You may have noticed that over the past few years we have allowed areas of scrub and small trees to be come established in the Meadow. This is deliberate. These areas add to the habitat mix of the site, providing shelter for small birds and native tree species such as hawthorn and oak which, in turn, provide a home to a wide variety of invertebrates. A mature oak, for example, has over 450 different invertebrate species living on it, of which a significant proportion lives nowhere else.

You may have also noticed the state of the Spinney, located more or less in the centre of the Meadow. We have deliberately blocked most of the entrances in an attempt to prevent its use as a drinking den, a problem for several years. Our objective is to try and establish one small area of woodland that is not subject to disturbance.

This approach appears to have paid off as at the beginning of May one of our members saw a male Whitethroat singing in the Spinney trying to attract a passing female and establish a territory. The centre of the Spinney would provide sufficient undisturbed cover, scrub and mature woodland to provide nesting sites for a number of bird species.

While the Meadow is open access public land, it is still important to try and provide some areas that are completely undisturbed, by either humans or dogs. These "safe areas" provide another habitat for Nature to fill and, without it, the Meadow would be all the poorer.

For more information about our activities on Down Grange Meadow, please call Marion Wolstencroft on (01256) 470171. Alternatively, send an email to kempshott-conserve@tiscali.co.uk or visit us at www.kempshottconservationgroup.org.uk





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HATCH WARREN UNDER FIVES

This month we thought we would reminder you of the Parent & Toddler Groups we run at HWU5s and detail changes happening after half term.

Monday Morning – Parent & Toddler Drop in sessions

These sessions are run in the newly expanded lounge at the community centre. There are 2 sessions due to the popularity of the group. The 1st session runs from 9.15am - 10.30am ideal for those doing the school run with younger children. The 2nd session runs from 10.45am -12pm. These are relaxed drop in sessions where you pay as you go £3.00 for a parent & child additional children £1.



Each week there is a different craft activity this could be, painting, sticking, cooking, play doh just to name a few. There is also a varied selection of age appropriate toys to keep your young ones busy. The far end of the room has a more physical feel with the slide, trampoline or dolls and pushchairs, workbench and tools.

Hot drinks served in cups with lids to avoid spillages & biscuits are included in the price, squash & water also available throughout the sessions. The session ends with tidy up time followed by snack time for the children, fresh/dried fruit and cracker/ biscuits. We then sing a few nursery rhymes to bring the session to an end.

Friday Morning – Pre-Play Sessions - 18 month+

(Older Children are welcome at this session) These sessions are also held in the lounge. There are 2 sessions. The times are the same as the Monday group 1st session runs from 9.15am - 10.30am & the 2nd session runs from 10.45am -12pm. These are slightly more structured sessions and will become drop in sessions after half term where you pay as you go £3.00 for a parent & child additional children £1.



The lay out to the room is very similar to Mondays sessions. However each session starts with our welcome song, where we encourage the young ones to sit with their parents and they are asked individually whether they would like a clap or a wave.

Pre-play sessions end with a song to music; we use songs that are regularly used within the pre-school so when the children join they are more confident about joining in. One of our favourites is the tap stick song which we use on the first and last session of each half term. Parents are encouraged to join in as your children are more likely to if you do as they will follow your lead. We also sing a few nursery rhymes before ring a ring of roses using the bunji rope.

Friday Afternoon - Messy Play (Crawlers to Walkers) Drop in session

This group is now closed. We would like to thank everyone who attended over the last couple of years and hope to see you at one of our other groups....we will be getting Messy so why mot pop along and see for yourselves? With four times to choose from we hope to see you soon.

CUCKOO MEADOW PRESCHOOL

Hello from all at Cuckoo Meadow Preschool in North Waltham! We are based in North Waltham village, which is just a 10-minute drive from Hatch Warren along the A30, and is in a beautiful rural setting. The children who attend come from within the village and the surrounding area including Hatch Warren, Kempshott, Beggarwood and Brighton Hill, and all agree that the location and wonderful caring staff mean that it is more than worth the short journey. Please contact Jo or Fiona to come and see for yourself!

This term the children are looking at growing and have been investigating lots of fascinating animals and plants on this topic. They have been learning about the lifecycle of the frog and drawing frogspawn and tadpoles, and they have made some wonderful frog crafts that they have brought home. They have also planted some cress seeds, in the shape of their initials, and sunflower seeds. We hope that the children have been looking after them at home and are beginning to enjoy the results!

At the time of writing we are looking forward to the photographer visiting and taking a leavers' photograph as well as some family photos on 19th May. We are hoping for good weather for some outdoor shots! Preschool is also busily preparing for the forthcoming Fun Toddle on Friday 17th June (and once again hoping for sunshine!). Cuckoo Meadow Preschool is a charity and relies on fundraising to provide much needed toys, equipment and activities for the children, so please spread the word and bring friends and relatives to offer their support on the day. If you have any items that would make good raffle prizes, we would be very willing to accept donations - please speak to Jo or Fiona.

Please note some forthcoming dates: half term is from Monday 30th May to Friday 3rd June. Preschool will be closed on Thursday 23rd June for polling and on Friday 24th June for an INSET day. Term ends on Monday 18th July when there will be an end of term party followed by a ceremony for all the children leaving Preschool this year.

For any queries about the preschool please contact Jo or Fiona on 01256 398172.

CANDOVER VALLEY PRE-SCHOOL

Tel: 01256-389008 www.candovervalleypreschool.co.uk Open Sessions:

Thursday 30 June, I.00pm - 2.30pm Friday I July, 9.30am — I I.00am Since we started the summer term we have been busy with gardening and planting flowers, vegetables and herbs. The children planted sunflowers and runner beans in pots to take home. Having learnt about seeds and plants growing, we will learn about how we grow. The healthy food, drink, exercise and sleep that our bodies need.

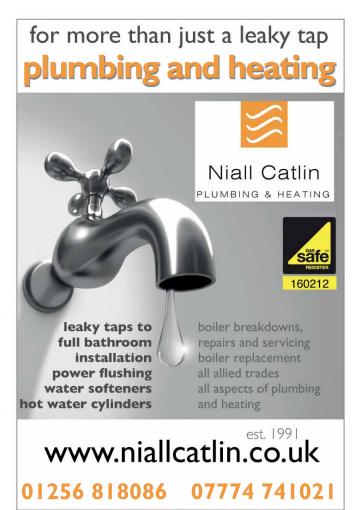
We had a visit from Lyn the lovely lollipop lady and she taught the children about how to keep safe when crossing the road. Bringing with her a child sized jacket and lollipop, the children loved being dressed up and being just like her. We had lots of fun with the children being noisy traffic or holding their lollipop signs and shouting, "Stop!"

The summer term is the time when we help support children with their transition to big school. To further this preparation, we hold a "Starting School" parent workshop to which parents and children are invited. A leaflet is given to all parents and it focuses on helping children's growing independence, self-help skills, listening, following instructions,

writing and learning to read at school. It also reminds parents to encourage their child to have a go and give support when needed, allow them time, give praise and always be positive.

Melanie Gill

Head, Candover Valley Preschool







LONG-TERM SICK LEAVE? KNOW YOUR RIGHTS



By Karen Bristow, Employment Law Specialist

Millions of employees in the UK each year go on long-term sick leave whether through accident, injury, disease or work-related stress. For employees or employers dealing with sick leave of longer than a few months it is important they understand the rights and possible consequences of the absence.

Here are my top five 'must know' long-term sickness legal points:

- I. Dismissal if the employee has two years' service or more the employer must follow a fair process before terminating employment on the grounds of long-term sick leave (i.e. capability). A fair process usually involves consultation, thorough medical investigation and consideration of whether they can reasonably wait longer if a return is likely or, if not, consideration of other options e.g. alternative employment that can be offered. If an employer reaches the point where dismissal is contemplated they should invite the employee to attend a formal capability or 'disciplinary' meeting, informing the employee of their right to be accompanied and warning that dismissal is a possible outcome. Any subsequent dismissal would usually be with paid notice.
- 2. Constructive dismissal some employees will find themselves on long-term sick leave because of the conduct of their employer. Such conduct may amount to a fundamental breach of contract and give rise to a constructive dismissal claim. However, if an employee waits too long to resign whilst off sick they may be taken as having affirmed their contract and waived their rights to such a claim.

- 3. Disability discrimination if the employee's mental or physical condition amounts to a legal disability under the Equality Act 2010 (i.e. lasts 12 months or more or is a deemed disability such as cancer and it has a substantial adverse effect on their ability to carry out day-to-day activities) an employer has a duty to make reasonable adjustments to an employee's role if it will prevent them from being placed at a substantial disadvantage.
- **4. Holiday pay** employees (or workers) who are on long-term sick leave continue to accrue and carry over their basic statutory holiday entitlement (20 days per annum for full-time employees) whilst they are on long-term sick leave and are entitled to pay in lieu of this on termination. Present case law suggests that an employee is entitled to be paid for accrued basic entitlement for an 18 month period.
- **5. Permanent Health Insurance** if an employee has the benefit of Permanent Health Insurance which (although policies vary) usually pays out 50-75% of their salary after 26 weeks, the employer would be acting in breach of contract if by terminating the employment this benefit would be lost.

Claims arising out of long-term sick leave are usually complex and potentially high value. If you are on long-term sick leave and feel that you have been treated unfairly or if you are concerned about a member of your staff on long term sick leave you can contact Karen Bristow on 01256 854670 karen.bristow@phillips-law.co.uk or Gill Brown on 01256 854605 gill.brown@phillips-law.co.uk







JUNE IN THE GARDEN

June in the garden is a flourish of fresh new flowers and baby vegetables ready for the table. Ready to eat right now are Asparagus, Broad Beans, Baby Carrots, and your first early Potato varieties such as 'Annable'. Asparagus is a beautiful vegetable and so tasty when you grow it yourself and eaten within a few minutes of picking. It may seem like a complicated vegetable to grow but don't be put off, it just requires some patience for it to grow. You can grow it in a tub or trough, so if you don't have lots of space in the garden you can still grow a small crop of your own. Although you can harvest and eat Asparagus now, to grow these plants does take a little preparation. Asparagus plants are known as crowns and need to be planted in March. These crowns are dormant this time of year and can look very odd, dried and shriveled. To plant them dig a trench 30cm wide and 20cm deep or as wide as your container will allow. If you are restricted by a container, the depth is more important than the length of your trench. Work in well-rotted manure to the bottom of the trench of your container or ground. Make a 'heap' or little mounds out of some of the manure or homemade compost and place your crown on top with the roots sitting on either side. Cover the roots leaving the small stem at the top exposed. The roots should be fairly near the surface. Ensure you cover all the roots with some soil to prevent them drying out. You may need to water frequently during the hotter summer months. Feed with a general fertilizer each March and give the crowns a thin layer of mulch, manure or compost in Autumn to give them an extra boost. Leave your new plants to grow and let them go to seed for at least two years before you're tempted to harvest the Asparagus. This allows the crows to 'bed in' to ensure you have good harvests for future years. A good crown can last you up to 6 or 7 years if fed and watered correctly. When you see the first tips of Asparagus coming up, pick through the pots or beds for any stones. This allows the spears to grow straight up as they push through the soil. Ensure you always pick the Asparagus within a few days of seeing the heads. This can be done at this time of year. Don't be tempted to try to get long spears. After a few days the tips can turn sour and change colour, as the sun alters the sugars within the spears. Enjoy them now!

You can start to protect your plants from pests now by using natural methods rather than chemicals if you prefer. For flies and Aphids, if the kitchen spray of washingup liquid and garlic doesn't control the infestation try using some sticky traps. They are coloured yellow or blue to attract the flies to them. Place them either on strings from the plants or on a cane at the base of the plant stems. Make sure you change them regularly, every three to four days until the infestation calms down. Companion planting can also help to protect your crops and flowers as well. Any type of plant that is scented when it is touched or moves in the wind will work, for example Basil, Coriander and Marigolds are all great examples of this.

It's now warm enough to plant out your Tomatoes, Peppers, Aubergine and Cucumber, along with other tender flowering plants. Make sure you keep an eye on their growth and whether any staking, tying in or trimming is required. Be sure to water in well with the changing temperature, especially newly planted plants or plants that have been relocated. Other spring shrubs can now be trimmed back as well, such as Forsythia and Clematis. Now is a good time to dead head your roses and other flowering plants. By taking the time to dead head you will get a second or third set of flowers all though the summer. You should now be mowing your grass once a week still on a medium setting of cut height. Make sure that if the temperature goes up to water the grass from your water butt. If you have a composter they are great for disposing of your grass clippings in a small space. Be sure to water your compost during the hotter months as it is essential for the breaking down of the material into usable compost, as well as stirring it every few weeks.

Continue to hoe, weed and edge your flower beds, as the weeds can quickly take over newly planted bedding when they are still small. This will give all your new plants their best chance and give you some lovely displays over the months to come.

Happy Gardening.

Sarah Bailes - Deputy Horticultural Training Manager for Share Community

BASINGSTOKE LIONS CLUB



Our Business Meeting this month was largely taken up with such imminent matters as Christmas Dinner and celebrating the Club's 50th Anniversary next year. You can tell where our real interests lie!

Fundraising: The results of our Swimathon and Chocolate Easter Egg Raffles are now known. Both of these events, which we organize, provide people with a fun means of donating to their favourite charities. In the case of the Swimathon, the swimming teams raise sponsorship which is then (notionally) split 50/50 between the team's nominated charity and the Club. This year £1000 went direct to charities and £700 to the Club. In the case of the Chocolate Easter Egg Raffles, a number of pub landlords agreed to raffle eggs on our behalf with half of the proceeds going to the Pub's nominated charity. It was phenomenally successful and raised over £2000. Letters of appreciation have been sent to all the Pubs which took part.

Quiz Night at the Cliddesden Millenium Hall was great fun as usual. The Question Master and Scoreboard operator both failed to turn up. But Lions, apart from suffering bouts of selective amnesia, are also very versatile. Volunteers filled both jobs immediately. Round 3 "Who Said" was a scoring disaster. The average score was 1.5 and the top score 3. Luckily no one played their Joker. But the "Medical Matters" round sorted that out. Seven teams scored full marks, and the rest were close behind. (Hypochondriacs the lot of them!). We raised £500. Brilliant!

Welfare: We donated £500 towards refurbishment of equipment at the Alton REHAB Centre, which is widely used by citizens of Basingstoke, and spent another £330 supporting youth/ games projects and one case of urgent need.

Upcoming Events: On 6th August we are having another Barn Dance at the Royal British Legion, Old Basing. This form of masochism is extremely popular and, as we can only sell 100 tickets, quick contact with Dianne Hopkins at email: dianne. hopkins 27@btinternet.com or tel. 01256 883 1 13 is advised.

www.basingstokelions.org.uk



NEWS FROM FARLEIGH CLUB

The sun is shining and summer is just round the corner.

Saturday 21st May we have the welcome return of 'The Old School' band who will be playing 50s & 60s music. They are a really good band and like to get everyone involved. Come dressed to impress and dance till late.

We are going to celebrate the Queen's 90th Birthday on 12th June, with a family afternoon full of fun and games, for the children as well as the adults. Bring your own picnic to enjoy in the garden; the bar will be open for liquid refreshments. If you want to dress for the occasion we will have a Royal theme. We will be open at 2pm. If you want to bring your own picnic table & chairs you are more than welcome. Hope to see you there.

We open from 7pm Monday – Saturday and from 2pm till 6pm Sunday

New members are always welcome and we look forward to seeing you soon.

Look us up at www.farleighwallopclub. co.uk or on Facebook

WE ARE LOOKING FOR NEW PLAYERS



Basingstoke Town Ladies have become Southern Region Premier League Champions 2015/16 and have gained promotion to the FA Women's Premier League Southwest Division I. We are now looking to expand our Squad.

Think you can compete in the Premier League and want to expand your social life?

If so, please come along to our pre season training, which will start in July. We train at the War Memorial Park in Basingstoke.

Please contact Director of Football Craig Prall on 07552828885 or email basingstokeladiesfc@hotmail. co.uk to register your interest.

Visit our website

www.basingstoketown.com

to find out more.

THE OVER 50s

Way back in 1999 Hatch Warren Neighbour Care had the idea of starting a club for older residents in the community, so the Over 50s was born. The first meeting was on the 21st May 1999 in Immanuel Church at St Mark's School. Over the years it has evolved from meeting every 3 weeks to once a month on the 2nd Friday (except during August).

When Hatch Warren Neighbour Care was disbanded in 2001 it came under the umbrella of Basingstoke Neighbour Care, so the organising and running of the Over 50s became part of Immanuel Church. Now we are celebrating our 17th Anniversary we feel the time has come to change name to reflect our growing up! We will now be known as The Golden Years.

Over the years there have been many changes; some sad, some happy and through it all, friendships have blossomed and there are some that still continue from



that first meeting. As the Golden Years we will continue to meet to enrich our lives and others and to serve a need here on Hatch Warren and Beggarwood.

Our 17th Anniversary was celebrated on Friday 13th May with savouries, cake, Prosecco and a quiz on who said or who did what in 1999. We looked at old photos and laughed at how we had all grown older and had nostalgic memories of those no longer with us. So the 'Golden Years' will carry on every month and we hope for new friends to join us in making new memories. We meet at 10am on the 2nd Friday of the month. More details can be found on Immanuel's website. We'd love to see you.

HATCH WARREN & BEGGARWOOD CYCLING CLUB

As our great British Spring throws up a typical mixed bag of weather HWBCC continues to soldier on. We now have more than 50 signed up members. Our official rides: the 8@8 taster ride and the standard 15@10, 20@13 and 30@15 rides (the first number being the distance in miles and the second the pace in mph) continue to be well attended, with many new faces. As the days lengthen we are also running an unofficial Tuesday night ride starting from the Co-Op car park in Beggarwood at 18:40 which is proving popular. If you want something a bit more challenging there are ad hoc weekend rides of between 30 and 50 miles organised by members with the incentive of a coffee and cake stop half way round. If this for you, check the HWBCC Facebook forum for times and distances (usually on the alternate day to the official rides).

Eleven members recently took part in the Isle of White Rondonne; 65 miles of beautiful if challenging terrain in what turned out to be decent weather. There were many tired and sore legs at the end but a great sense of achievement. There will be many of us taking part in various Sportives over the coming

months. Riding these events with others, makes the experience more sociable and much more enjoyable. Again check the HWBCC forum for which events are being attended and who will be riding in them.

As the club continues to expand and the number of people attending our rides increases we are investing in Official British Cycling leader training. Two of our leaders have already successfully completed the course and have obtained Ride Leadership Award Level I. We hope to have more of our Ride Leaders certified in the coming months in an effort to make your riding experience with us even more enjoyable!

Remember we are a community based club offering rides for all abilities and so there is no excuse for not giving us a go. You can come out on three official rides before we ask you to officially join for just £15 a year through the British Cycling website. Cycling is opportunity for you to meet new people, get out in the fresh air and it's good for you! We hope to see you soon.

www.hwbcc.org

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A NOTICE OF AGM

Hatch Warren Community Association on 8th June 2016, 7.30PM

at Hatch Warren Community Centre, Longcross Lane, Hatch Warren, Basingstoke, RG22 4XF. You are invited to attend a short meeting to support the trusteers of HWCA. The charity (1161117) exists to provide, run and manage Hatch Warren Community Centre and to provide social and educational facilities to improve the conditions of life for the residents of Hatch Warren, Beggarwood and Kempshott Rise. An update of our achievements over the past year and our plans for the future of HWCA will be reviewed.

SAVE THE DATES:

Sat 18 June - Wrestling, Sat 10 Sept - Beer Festival

hatch warren community centre SATURDAY tickets on LIVE MUSIC sale now 25TH JUNE Members - free entry ONE STEP with valid TOO LATE membership card £6 non-members 7-11pm **Burrito**, Rice Pots buy tickets on & Steak Burgers website or from **ADULTS ONLY** the office all tickets by SIMPLE are non-refundable FRANKS see website for more details www.hatchwarren.org or 01256 811262

OUR COMMITTE NEEDS YOU

The current committe have been in place for 3 years now and whilst most are staying on **there** is a **desire** to **refresh some** of **the leading roles**, which include Chair, Vice Chair, Treasurer & Secretary. Please let Clare know if you are interested in getting involved.

THEATRE COACH TRIPS

ALADDIN THE MUSICAL - Thurs 6th Oct - £65 per person, deposit £45 due now, balance due by 31st July. Coach departs at 16:45 from our car park DIRTY DANCING ON TOUR (READING) - Wed 23rd Nov - £50 per person, deposit £35 due now, balance due by 5th Sept. Coach departs at 18:00 from our car park

Book now - office@hatchwarren.org



Registered Charity Number 1161117



Hatch Warren Community Centre

Long Cross Lane, Hatch Warren Basingstoke, RG22 4XF

Tel: 01256 811262 Web: www.hatchwarren.org

Email: office@hatchwarren.org Follow us on Twitter @hatchwarren



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FRIDAY NIGHT TERM TIME
YOUTH CLUB ACTIVITIES (see below)

Years 6 to 8 from 6pm - 7.45pm

FRIDAY NIGHT TERM TIME
OPEN ACCESS & HEALTH HUB
Age 13+ from 8pm-9.30pm

MAY/JUNE Programme - 6-7.45pm

| Friday 3rd June | Quiz Night |
|------------------|--|
| Friday 10th June | Watch the Euro Cup & England craft |
| Friday 17th June | Mini Euro Cup & Father's Day Craft |
| Friday 24th June | Dance Competition & Chicken Wraps |
| Friday 1st July | Mario Kart Tournament |
| Friday 8th July | Ice Cream Sundaes & Quiz |
| Friday 15th July | Build a Burger |
| Friday 22nd July | End of Term Water Fight (bring a towel and a water pistol) |

FREE ENTRY FOR ALL YOUNG PEOPLE

Firstly, we want to send out a huge well done to all our year 6s for completing their **SATs week**. We were all so impressed when speaking with you at how hard you have all been working to be ready for them. We hope you also got to have some fun.

We had a **Chinese Themed night** recently with some Chinese foods to sample and we also made some lovely fans. We look forward to hosting some more themed nights in the future!



Health Hub Programme - 8-9.30pm

Good Luck...to all our young people who are sitting exams over the next couple of months. Please remember we are happy to help you revise, talk with you about your next steps after your exams or give you hints, tips and a helping hand if you want to look for a part time job over the summer. Our Older Session runs Fridays 8pm-9.30pm. You can pop in just to hang out, play pool, table tennis or Fifa or you can chat to one of our qualified youth workers confidentially about a wide range of issues.

a BIG thank you...

Huge thanks to Virgin Media's volunteers
The young people are delighted that their youth
club is bright & fresh again & clear of weeds !!!



Summer Streetz

We can't wait to show you all what we have planned! Cathy will be back with her hoops, zorb football and our friends The Reading Rockets will be back to shoot some hoops on the basketball courts. But to name a few! If anyone you know is looking to gain some experience or just to have fun this summer then get involved. Without volunteers we couldn't do it all. Becoming a volunteer is easy just contact the community centre or drop in and speak to us on a Friday evening. Current YEAR 5s can join in the fun at Summer Streetz!



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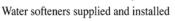


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SPIRITUALLY SPEAKING

At Immanuel we love baptisms (also called christenings)! It's a very special time not only in the life of the individual getting baptised and their friends and family but also for the church community as we welcome a new member.

In this modern day, I think the idea of community is often forgotten. People and families lead busy lives and it is easy to be focused on work, family and everything that happens there and forget about what is outside our front doors. Yet we can often see from social media the power of when people build community and when individuals help others in a random act of kindness. We don't have to look very far to see the impact others have when someone is in need.

The bible tells many stories of communities with their ups and downs. It's not just a sugary tale of the nice and positive things but documents the challenges too. Groups of people arguing against each other, power struggles, even armed conflict. Jesus started a community by calling twelve disciples, very different individuals, together and from there they lived their lives as a small community, working, praying and supporting each other. It's also important to remember that Jesus didn't just have the 12 disciples but others who followed him and were his closest friends. We are asked to 'love our neighbour' and to treat others as we would like to be treated. The definition of neighbour in lesus' parables is not limited to those who live next door to us but anyone whom we encounter in our life.

We have lots of events going on at Immanuel that don't mention God or are what you might call 'religious'; events for the community. As a church we feel called to work in and with the community. The monthly film night shows secular films and is a chance to watch a film with good company over a coffee or glass of wine. Our newly revamped 'Golden Years' group is for those who are

slightly older, retired and wanting to get together for a monthly social, to chat over tea and cake on a Friday morning. Our Little Angels toddler group meets weekly in the Community Centre; a chance for mums, dads, grandparents, carers to meet with others and their children to enjoy some crafts and activities and time playing together.

In baptism we welcome someone new into the church's family. It's a very big family, but alongside the candidate's family and Godparents, the church family make some really important promises;

'People of God, will you welcome these candidates and uphold them in their new life in Christ?"

'.......As they grow up, they will need the help and encouragement of the Christian community, so that they may..... serve their neighbour after the example of Christ.'

When someone is baptised, they are not asked whether they promise to come to church but be encouraged into a new life - a life that follows Jesus' example. Being a Christian isn't solely about coming to church. I often tell people that God's not too wrapped up in whether we go to church or not – but loving and serving our community and when someone joins a new community in Christening then between us we promise to support each other; and that's where the attending church comes in. Gathering together as a church family each week to pray for each other, celebrate the joys of life and support each other in the challenges. Why wouldn't you turn up to church to meet friends, to laugh and cry with each other and be together as this family?

Baptism is such an amazing thing that we have decided to have a big celebration. All those who have been Baptised at Immanuel will be invited to a special service on Sunday July 3rd at 10.00am. Everyone else is invited too, as we come together as an amazing family. There'll be plenty of cake as we celebrate.

Our community is always in our prayers at Immanuel. We thank God for all that goes on here and the friendships that grow and develop. For me, it's an immense pleasure and privilege being part of it. May we love our neighbours as God loves us.

www.immanuelhwb.co.uk @immanuelhwb www.facebook.com/immanuelhwb

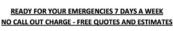
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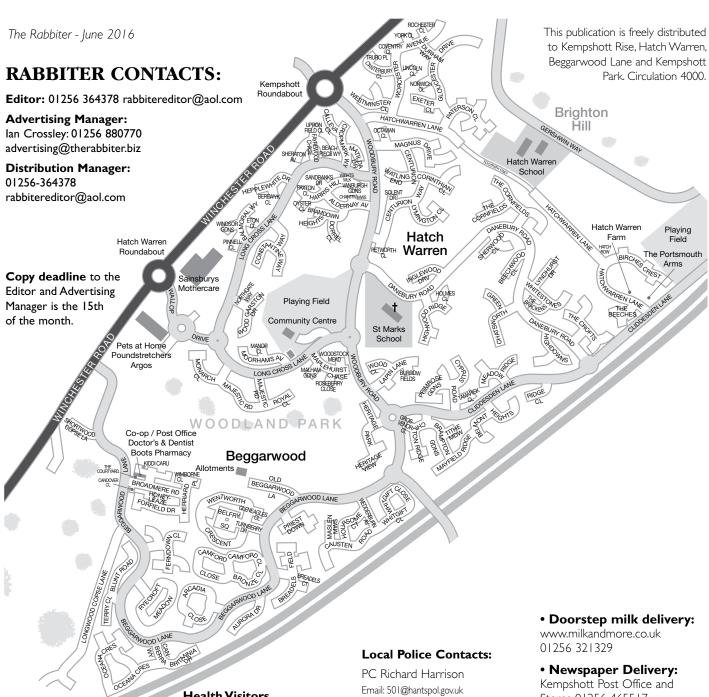
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Immanuel Church

Church Centre, St Mark's School, Danebury Road, Hatch Warren

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Health Visitors

Tel: 376483

Child Health Clinic

The Community Centre - every Wednesday 10.30 - noon. All Welcome.

Broadmere Road - Tel: 391391

• Library:

465102 - HCC mobile library every Tuesday evening St. Mark's CE primary school from 4.40pm to 6.40pm.

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Churches:

Immanuel Church 10.00am every Sunday at the Church Centre, Rev Michael Smith 07799 730362 St. Mark's School: 472632

South Basingstoke Community Church 10.30 every Sunday at Richard Aldworth School and mid-week in homes

Contact Peter & Celia Saunders, 33 Beechwood Close: 357213

Buses:

See page 32

Stores 01256 465517

- Representatives:
- Councillors:

County Council:

Rita Burgess, 35 Malvern Close RG22 5BH 478167

Email: rita.burgess@hants.gov.uk

Borough Council:

Rebecca Bean, 12 Arcadia Close, RG22 4AJ 07506 570926 email: cllr:Rebecca.Bean@basingstoke.gov.uk

Terri Reid, 34 Centurion Way RG22 4TJ 320860

email: cllr:Terri.Reid@basingstoke.gov.uk

Dan Putty, I Gloucester Drive, RG22 4PH 356650 email:cllr.dan.putty@basingstoke.gov.uk

• Member of Parliament

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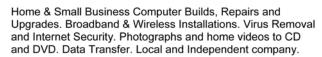
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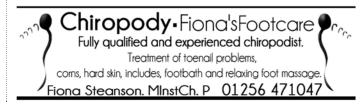
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Saturdays: 0649, 0719, 0749, 0819, 0849, 0909 – then every 15 mins at: 24, 39, 54, 09 mins past the hour until, 1739, 1759, 1819, 1839, 1858, 1923, 1952, 2022, 2122, 2222, 2322

Sundays: 0909, then every hour at 09 until 1809, 1908, 2007, 2107

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Saturdays: 0650, 0720, 0750, 0820, 0840, 0855 — then every 15 mins at: 25, 40, 55, 10 mins past the hour until, 1710, 1730, 1750, 1810, 1830, 1855, 1925, 1955, 2055, 2155, 2255

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Saturdays: 0810, 0935, 1035, 1135, 1235, 1335, 1435, 1535, 1635, 1735, 1835

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He puts it down to

Make hard water a thing

up with hard water in Basingstoke, many do not realise that you can do something about it. Limescale furs up our heating systems, causing breakdowns, makes it more expensive to heat our homes and damages our appliances. The other problem with limescale is the constant cleaning of showerheads, shower screens, stainless steel sinks. It can also aggravate skin problems such as eczema and psoriasis. With a water softener no limescale will get into the house, which means you will have to do less cleaning. stop buying limescale related products, cut washing powder use by up to 75% and have less chance of large bills for potential future problems with your heating system and appliance breakdowns.

Although most of us put If you were to purchase an ordinary softener you would have quite a large machine, which requires you to carry a 25kg bag of salt. The TwinTec S3 is different. It is small, requires no electricity and uses block salt - like two house bricks instead of heavy bags. Harvey Softeners has been manufacturing softeners in this area for more than 35 years and Kevin Goody of UK Water Softeners is one of the top TwinTec dealers.

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extensive marketing and a great plumber with a wealth of experience having worked for the manufacturers for the last four years, good customer satisfaction and recommendations. Kevin has installed 5100 water softeners in homes in this area over the last 21 years and arranges everything from initial survey to installation If you have an old water softener, trade it in for something smaller and more efficient. Call Kevin Goody without obligation on 01276 27924 or email kgoody@uk-watersofteners.co.uk or visit www.uk-watersofteners.co.uk Trade enquiries welcome. We also service/repair Kinetico water softeners.



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COUNCIL ELECTION RESULTS

The result of the Basingstoke & Deane Borough Council election held on 5 May. Dan Putty was relected to represent Hatch Warren and Beggarwood.

Total electorate: 6473 Turnout: 29.88%. Spoiled votes: 5

| Total electorate. 0 17 3, Turriout. 27.00%. Spoiled votes. | J |
|--|------|
| Spencer John CLEARY (UKIP | 349 |
| James Andres MCKENZIE (Labout) | 285 |
| Dan PUTTY (Conservative Party) | 1098 |
| Richard Andrew WHITECHURCH (Liberal) | 197 |

PROBUS HEARS ABOUT THE ROYAL AIR FORCE MOUNTAIN RESCUE SERVICE

Retired Royal Air Force Squadron Leader Chris Perkins from Kempshott, who was awarded the MVO by HM Queen at Windsor Castle last year, enjoyed a varied 35 year career with the boys in blue. Himself a member of the Probus Club of Basingstoke, the social organisation for retired professional and business managers, he gave a presentation to his colleagues tracing the origins of the Royal Air Force Mountain Rescue Service to the present day.

He became so involved with this sector during his time in uniform that he is today the chairman of the RAF Mountain Rescue Reunion Committee for Cymru-Wales.



There are records of RAF mountain rescues going back to 1938. By the close of WW2 twenty six teams had been





stations across the UK. With the reduction in the size of the RAF, only three now remain:

at Kinloss in Scotland, Valley in North Wales and Leeming in Yorkshire.

All team members are volunteers and status is independent of rank. In the earliest days of the MRS, virtually all mountaineers adapted military equipment. Members are now supplied with all weather Gore-Tex clothing and latest satellite navigation and communications kit. The ubiquitous Land Rover has been replaced with Toyota Hilux pickups and Mercedes-Benz Sprinter communications Today's rescue cocontrol vehicles. ordinator can track the progress of search parties with a computer link and watch their progress in real time on an electronic ordnance survey map.

Chris is proud of his association with MRS, "They have always been the people that go in on foot when the weather is atrocious and everything else has failed."

Information about the activities of the Probus Club is available on their website www.probusbasingstoke.webs.com or ring the Secretary Paul Flint for an informal chat on 07770 886521.

HATCH WARREN **RUNNERS – MONTH** OF THE MARATHONS

Brighton was the first marathon of the month and this is a popular choice for runners failing to get a space in London. Hatch Warren Runners had 5 finishers. The conditions were warm but this is a much-loved course that is well supported and the runners really enjoyed the race.



Next marathon was the big one - Virgin London Marathon. Places are highly sought after and runners incredibly lucky to get one in the public ballot. For those failing in the public ballot, there is a second chance for club members as we, as an England Athletics Affiliated Club, get awarded a small number of places. Failing that there are also charity places. We had runners represented in all categories - in total 18 runners.



We can't let this issue go by without mentioning the St Michaels's Hospice 5k and 10k runs. In what had been a very wet start to the week, the skies cleared as runners arrived at Down Grange. HWR were by far the most represented local club.



For details on HWR please visit www.hwrunners.co.uk. email hwrunners@skv.com or look for Hatch Warren Runners on Facebook





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SUMMER BALL

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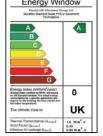
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